




# Menu

## February 2019

Monday	Tuesday	Wednesday	Thursday
<p><i>Senior Center &amp; Recreation Office: 392 - 9030</i></p> 	<p><i>No person shall be denied or be subjected to discrimination under any program or activity receiving Federal assistance on grounds of race, color, sex, religion, national origin, disability, or marital status.</i></p>		
<p><b>4</b></p> <p>Macaroni &amp; Cheese Stewed Tomatoes Green Beans Wheat Bread Pineapple</p>	<p><b>5</b></p> <p>Individual Meat Loaf w/Vegetable Gravy Mashed Potatoes California Vegetables Marble Rye Bread Pears</p>	<p><b>6</b></p> <p><b><u>SR. EXPRESS</u></b></p> <p><b>TOPS</b></p>	<p><b>7</b></p> <p>Fajita Chicken w/Rice, Cheese, Lettuce, Tomato, Salsa &amp; Sour Cream on Tortilla Mexican Bean Soup Applesauce</p>
<p><b>11</b></p> <p>Mild Chili Tossed Lettuce w/Ranch Wax Beans Corn Muffin Peaches</p>	<p><b>12</b></p> <p>Broccoli Cheese Quiche Vegetable Soup Peas 12 Grain Bread Fresh Orange</p>	<p><b>13</b></p> <p><b><u>SR. EXPRESS</u></b></p> <p><b>WAL-MART (BROCKPORT)</b></p>	<p><b>14</b></p> <p><b>Happy Valentine's Day</b> Steak Diane w/Mushroom Sauce Twice Mashed Potatoes Malibu Blend Vegetables Dinner Roll Double Chocolate Cookie</p>
<p><b>18</b></p> <p><b><u>CENTER CLOSED</u></b> <b>PRESIDENT'S DAY</b></p> 	<p><b>19</b></p> <p>Pork in Red Chili Sauce Over Brown Rice w/ Lettuce, Tomato, Sour Cream &amp; Tortilla Peas Pineapple</p>	<p><b>20</b></p> <p><b><u>SR. EXPRESS</u></b></p> <p><b>CHRISTMAS TREE SHOPPE</b></p>	<p><b>21</b></p> <p>Broccoli &amp; Cheese Topped Baked Potato Black Bean &amp; Lentil Chili Rye Bread Petite Banana</p>
<p><b>25</b></p> <p>Chicken Cordon Bleu Mashed Potatoes – Gravy Broccoli Wheat Bread Fruit Cocktail</p>	<p><b>26</b></p> <p>Meatballs, Pasta &amp; Sauce Tossed Lettuce w/Italian Wax Beans Italian Bread Petite Banana</p>	<p><b>27</b></p> <p><b><u>SR. EXPRESS</u></b></p> <p><b>GOODWILL (BROCKPORT)</b></p>	<p><b>28</b></p> <p>Country Captain Fish Over Brown Rice Minestrone Soup Corn Wheat Dinner Roll Peaches</p>