



# Menu

# January 2020

Monday	Tuesday	Wednesday	Thursday
<p><i>Senior Center &amp; Recreation Office: 392 - 9030</i></p> 	<p><i>No person shall be denied or be subjected to discrimination under any program or activity receiving Federal assistance on grounds of race, color, sex, religion, national origin, disability, or marital status.</i></p>	<p>1</p> <p><b>CENTER CLOSED</b> <b>HAPPY NEW YEAR</b></p>	<p>2</p> <p>BBQ Pulled Pork Over Baked Potato w/Shredded Cheese &amp; Sour Cream</p> <p>Brussels Sprouts</p> <p>Wheat Bread</p> <p>Applesauce</p>
<p>6</p> <p>Chicken Piccata Over Brown Rice</p> <p>Spinach</p> <p>Carrots</p> <p>Wheat Bread</p> <p>Mandarin Oranges</p>	<p>7</p> <p>Stuffed Cabbage</p> <p>Steamed Potatoes</p> <p>Corn</p> <p>Marble Rye Bread</p> <p>Peaches</p>	<p>8</p> <p><b>SR. EXPRESS</b></p> <p><b>WAL-MART</b> <b>(BROCKPORT)</b></p>	<p>9</p> <p>Swedish Meatballs Over Brown Rice</p> <p>Beets</p> <p>Cauliflower</p> <p>Dinner Roll Fruited Gelatin w/ Whipped Topping</p>
<p>13</p> <p>Swiss Steak</p> <p>Mashed Potatoes</p> <p>Turkey Vegetable Soup</p> <p>Marble Rye Bread</p> <p>Peaches</p>	<p>14</p> <p>Macaroni &amp; Cheese w/Chicken Breast</p> <p>Stewed Tomatoes</p> <p>Green Beans</p> <p>Wheat Bread</p> <p>Petite Banana</p>	<p>15</p> <p><b>SR. EXPRESS</b></p> <p><b>GREECE RIDGE</b> <b>CENTER</b></p>	<p>16</p> <p>Breaded Haddock w/Tartar Sauce</p> <p>Steamed Potatoes</p> <p>Broccoli</p> <p>Wheat Dinner Roll</p> <p>Apricots</p>
<p>20</p> <p><b>CENTER CLOSED</b> <b>MARTIN LUTHER</b> <b>KING, JR. DAY</b></p>	<p>21</p> <p>Braised Pork Chop w/Gravy</p> <p>Mashed Potatoes</p> <p>Winter Squash</p> <p>Pumpnickel Bread</p> <p>Oatmeal Raisin Cookie</p>	<p>22</p> <p><b>SR. EXPRESS</b> <b>DOLLAR TREE</b> <b>(GREECE)</b></p> <p><b>Evening Meal</b> <b>5:00 p.m.</b> <b>Pre-Registration</b> <b>Required</b></p>	<p>23</p> <p>Hot Roast Beef Sandwich w/Gravy</p> <p>Tomato Florentine Soup</p> <p>Cauliflower</p> <p>Marble Rye Bread</p> <p>Fresh Apple</p>
<p>27</p> <p>Breaded Haddock w/Tartar Sauce</p> <p>Steamed Potatoes</p> <p>Broccoli</p> <p>Wheat Dinner Roll</p> <p>Pears</p>	<p>28</p> <p>Pub Burger w/Catsup Mustard, Relish, Onion, Lettuce &amp; Tomato</p> <p>Minestrone Soup</p> <p>Peaches</p>	<p>29</p> 	<p>30</p> <p>Veggie Meatballs w/Pasta &amp; Sauce</p> <p>Tossed Salad w/Italian</p> <p>Wax Beans</p> <p>Italian Bread</p> <p>Mandarin Oranges</p>